

Medicaid requirements

Criteria:

- **Presence of Morbid Obesity:**
 - **100 pounds overweight**
 - **Body Mass Index (BMI)** greater than or equal to 35 with co-morbid conditions (cardiopulmonary problems, obesity related cardiomyopathy, severe diabetes mellitus, hypertension, sleep apnea, or arthritis)
 - Or **BMI** of 40 without comorbidity
 - There is no treatable metabolic cause for the obesity, such as adrenal or thyroid disorders
 - The patient is an adult (at least 18 years of age)

(We need this info before we can schedule any Appts. We must have a Primary Care Physician Referral)

- **Letter of medical necessity from PCP for a referral to a Bariatric surgeon**
- **Medical records documenting diagnoses and appropriate treatments of co-morbid conditions**
- **History of participation in a three month physician supervised multidisciplinary weight loss program within the past six months that included:**
 - dietary therapy
 - physical activity (moderate levels of activity for 30 - 45 min., 3-5 x/wk)
 - behavior management support
- **Current Height & Weight**
- **Plans for participation in a postoperative multidisciplinary program that includes guidance on diet, physical activity, behavior management, and social support**